

## **2011 CANADA WINTER GAMES SELECTION CRITERIA**

Officiated by Snowboard Yukon

To be eligible for the 2011 CWG team riders must:

- be Canadian Citizens or landed immigrants,
- be 13 to 21 years of age on February 11, 2011,
- have a permanent residence in the Yukon for at least 180 days prior to the opening day of the Games. (August 15, 2010)

*Students attending school outside the territory must comply with all eligibility requirements and their principal residence must be in the Yukon.*

- Athletes cannot qualify for a CWG team if they have held C or Senior cards, been a member of a senior national team, or have competed for any nation at any Olympic Games or Senior World Championships, in that same sport, within one year of the opening date of the Games.
- If an CWG participant violates any of the policies or guidelines set forth by Snowboard Yukon or Sport Yukon, they are considered to be no longer a member in good standing and can be subject to removal from the CWG Process.

In addition, there are **two separate registration processes** required in order to participate at CWG including:

1. **Snowboard Yukon Advanced Competitor License**  
(Managed by Snowboard Yukon and Canada~Snowboard, the national body for snowboarding in Canada)
2. **Canada Winter Games (CWG) Process**  
(Managed by Sport Yukon and Snowboard Yukon)

### **Snowboard Yukon Advanced Competitor License**

Athletes and coaching staff (coaches, chaperones and managers) must be members in good standing with the Snowboard Yukon (SY) at the time of application, and until the completion of the Games. A member in good standing with the Snowboard Yukon requires individuals to be registered and paid for the season in which games falls into, not have any disciplinary sanctions against them or other justified reason why membership may be denied or withdrawn.

Snowboard Yukon Advanced Competitor Licenses must be purchased online at the Canada~Snowboard website

<http://www.canadasnowboard.ca/en/ms/membership/>

*The current fee is \$25.*

### **Canada Winter Games Process**

There will be a multi-step elimination process beginning with a larger pool of riders and ending with the naming of the final CWG team. This process allows for maximum training opportunities for many riders, yet ensures the most dedicated athletes and those most fit for competition will represent the Yukon at the games.

The CWG Process will be governed by the Snowboard Yukon Selection Committee. The Selection Committee will be appointed by the Snowboard Yukon board of directors. The appointed CWG coaches will be part of the Selection Committee.

There are 3 steps in the CWG Selection Process. A rider must execute all the steps in order to be named to the team.

#### **1. Application**

Riders must submit an Application indicating their desire to be a part of the CWG team, and including their goals and objectives in snowboarding, a list of competitions and results, current training initiatives, other sports experience and why they should be chosen for the team.

**The Application is due August 31, 2010.**

**Applications should be sent to the Snowboard Yukon Selection Committee by way of Head Coach, Mary Binsted at mary@snowboardyukon.com**

A sample Application form can be found in **Appendix A** at the end of this document.

**12 riders will be chosen from the eligible applicants to move to Step 2 of the process. Up to half the spots (6) will be available to females.**

## **2. Dryland, Balance, Flexibility & Trampoline Training**

Coaches and selected riders will develop dryland cross training plans based on personal goals and fitness levels. Riders will also participate in scheduled balance and flexibility classes such as yoga and trampoline training.

***Expected expenses:***

*Gym pass or membership*

*Balance & Flexibility classes: \$250*

*Trampoline training: \$250*

*Students attending school outside the territory will be expected to submit and follow a Dryland, Balance, Flexibility & Trampoline Training Plan in place of participating in the Snowboard Yukon program.*

## **3. Outside Selection Camp**

Riders who have successfully completed Steps 1 & 2 will be invited to an Outside Selection Camp to be held mid December 2010 at a facility that offers a halfpipe and snowboardcross terrain.

***Expected expenses:***

*Outside Selection Camp: \$1,200*

The Selection Camp will be conducted by coaches trained through the Canadian Snowboard Coaching Program. Guidelines as set out in the Canada~Snowboard Long Term Athlete Development manual (<http://www.canadasnowboard.ca/en/dev/ltad/>); Canada~Snowboard Officials and the Judges manual will be applied and an Evaluation Rating Form shall be completed for each camp participant. You will find a sample form in **Appendix B**. The completed forms will be passed onto to the Snowboard Yukon Selection Committee to determine the team.

The Selection Committee is required to retain copies of the athlete Evaluation Rating Forms for ten (10) days following the tryouts. An athlete may request to see their evaluation form within the ten (10) day timeline.

The AWG snowboard team will be made up of a **maximum of eight team** members consisting of the following breakdown:

**2 Male and 2 Female halfpipe athletes who are 13-19 years old on February 11, 2011.**

**2 Male and 2 Female snowboardcross athletes who are 15-21 years old on February 11, 2011.**

*Riders may participate in more than one event at the CWG, but only one event will count for points for the Yukon total.*

One alternate will also be selected in each category. Alternates will be allowed to participate at CWG in the event that one of the members of the team can not attend CWG for whatever reason.

If the alternates have not kept up their physical fitness or are unavailable or uninterested, the coaches may approach other athletes who were previously involved in the Selection Process.

*Full time attendance at school outside the territory does not constitute a Yukon school programming commitment, which would exempt you from the Outside Selection Camp.*

*Exceptions to this rule will be permitted only upon review and approval of the Snowboard Yukon Selection Committee. The application form and supporting documentation required for approval can be found in **Appendix C** of this document. Exemptions **may** be granted for the following reasons: injury; illness; Yukon school program commitments; and special family circumstances. In order for the application for exemption to be considered, it must be submitted to Snowboard Yukon 48 hours prior to the start of the Selection Camp. Where there are special situations making attendance impossible, which could not have been anticipated, these will be considered individually.*

**Expense Subsidies:**

Efforts will be made to reduce expenses to riders.

**Athlete Behaviour:**

All team members must show proper respect for Coaching staff and other team members at all times. Team members are expected to follow the training plan set out by the Coaches. Any team member not willing to cooperate and follow the Sport Yukon Code of Ethics and Proper Conduct, or follow the training plan set out by the Coaches may be asked to leave the program at any time.

**Who to Contact?**

Contact information for the individuals affiliated with Snowboard Yukon can be found on the Snowboard Yukon website at [www.snowboardyukon.com](http://www.snowboardyukon.com). For questions regarding the CWG process please contact Snowboard Yukon Head Coach, Mary Binsted.

**Mary Binsted**

[mary@snowboardyukon.com](mailto:mary@snowboardyukon.com)

(867) 334-2944



**4. List the other sports your do:**

**5. Tell us why they should be chosen for the team:**

**6. Anything else we should know?**

## Appendix B

### 2011 CWG Selection Camp Exemption Form

SPORT: \_\_\_\_\_

DATE OF CAMP: \_\_\_\_\_

ATHLETE NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: (home) \_\_\_\_\_ (cell) \_\_\_\_\_

EMAIL: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

PARENT / GUARDIAN NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: (home) \_\_\_\_\_ (cell) \_\_\_\_\_

EMAIL: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

LIST REASON FOR EXEMPTION: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

ADDITIONAL DOCUMENTATION required with application form:

- Letter of support from your school if the reason is a Yukon school programming commitment
- Physician's note if reason is due to injury or illness

**Each application and additional documentation must be submitted to Snowboard Yukon 48 hours prior to the start of the Selection Camp, or the exemption will not be considered!**

## Appendix C

## SAMPLE 2011 CWG Trials Evaluation Rating Form

Rider:	Evaluation				
AWG Category:	Poor 1 -	2	Average 3 -	4	Excellent 5 -
<b>Technical Skills</b>					
Balance					
Coordination					
Edging					
Control					
<b>Tactical Skills/Knowledge</b>					
Race					
Freestyle					
Physical Fitness					
Strength					
Stamina					
Suppleness (Flexibility)					
<b>Subjective Criteria</b>					
Drive/Determination					
Aggressiveness					
Self-Confidence					
Behaviour					
Comments:					