

## Pre-Season Training Camp 2016 Whistler, B.C.

**December 14 – 18, 2016**

This will be our 6<sup>th</sup> annual pre-season camp in Whistler. It is an incredible training venue known for excellent terrain, December powder, and it is one of the few resorts with high quality terrain parks with a series of progressive jumps and rails early in the season. Being only one flight from Whitehorse and providing a host of discounts for travelling teams, it's the perfect place to start the season.

### **WHO IS BEST SUITED TO ATTEND?**

This camp is designed for high level LTAD 3 and LTAD 4 stage riders. If you are unclear about your level please ask the Head Coach.

### **OVERVIEW**

We will fly into Vancouver and taking a chartered bus up to Whistler Village. We will be staying at the [Whistler Athletes' Centre](#). We will cook breakfasts and the majority of dinners at our accommodations and buy lunches at the hill. The trip will involve 4 days of riding and training with Yukon's top coaches.

The coaches are:

- **Gabe Rivest** (freestyle/Competitive Team coach)
- **Mary Binsted** (Technical Director/Competitive Team coach)
- **Bert Faulds** (freestyle/Competitive Team Head coach)
- **Norm Curzon**(speed coach/Competitive Team coach)
- **Esa Suominen**(filmer/Freestyle coach)
- **Tim Schirmer**(Competitive Team coach)

Coaches are responsible for on-hill training as well as off-hill supervision.

## CAMP FEES

**The camp fee is \$700.00**

The camp fee includes; daily coaching fees, accommodation, ground transport, and each participant's share of the coaching team expenses.

***Note: Daily coaching fees are now added to trip fees as opposed to being included in Comp Team Fees as in the past.***

*This fee is payable to Snowboard Yukon and is due 1 week prior to departure.*

All camps are run at break even. These camps fees include a 50% subsidy. The price is based on 10 participants.

## LIFT TICKETS – 4 DAY PASS (including GST)

**Adult (19 years and up): \$300.30**

**Youth (13-18 years): \$255.15**

**Child (12 years and under): \$150.15**

*This fee is payable to Snowboard Yukon and is due 1 week prior to departure.*

Athletes with CWSAA passes do not require lift tickets.

## FLIGHTS

**You are responsible for booking your own flights.**

**Please do so ASAP as we are approaching the Christmas rush.**

Remember to check Air Canada rates, as Air North will price match upon request.

**Air North – Wed. Dec 14, 2016**

Flight	Depart Whitehorse	Arrive Vancouver
4N505	07:30 am	9:45 am

**Air North – Sun. Dec 18, 2016**

Flight	Depart Vancouver	Arrive Whitehorse
4N546B	9:30 pm	11:45 pm

## FOOD

Based on past trips, groceries for breakfast and dinner cost **about \$60 per athlete**. The team plans the menu together, shops together and cooks for each other.

## WHISTLER TRANSIT BUS FARE

Once at Whistler we use the public transit to get around. This saves us lots of money on car rentals and parking. The bus is \$2.50 per ride. Expect about 10 trips.

## INSURANCE

All riders must have completed their Emergency Medical Release Form and purchased an Advanced Competitor's License prior to departing. You get the license here if you haven't got it already: [www.canadasnowboard.ca/en/ms/membership](http://www.canadasnowboard.ca/en/ms/membership)

Supplemental insurance is **STRONGLY** encouraged. If you already have a plan you should check to make sure you are covered at a minimum for ambulance, xrays, and additional travel for family members or the athlete outside of the territory.

You may want to consider buying SAIP Insurance (Sport Accident Insurance Plan) from the Canada~Snowboard. [www.canadasnowboard.ca/en/ms/saip/](http://www.canadasnowboard.ca/en/ms/saip/)

## BEHAVIOUR

We will be abiding by the **Canada~Snowboard Code of Conduct**, the **Canada~Snowboard Anti-Doping Policy** and the **Snowboard Yukon Discipline Policy**.

Athletes and coaches will also be required to sign the **Snowboard Yukon Travelling Athlete Agreement** at the team meeting prior to departure. You can find all this documents at: [www.snowboardyukon.com/documents/](http://www.snowboardyukon.com/documents/)

Breaking any of the rules can lead to disqualification from Snowboard Yukon away trips.

## TEAM MEETING & WAXING WORKSHOP

**Saturday, December 10, 2016. - 7:00 PM**

125 Pueblo Crescent, Copper Ridge

*Parents and guardians welcome.*

## PARENTS & GUARDIANS IN WHISTLER

Chaperons are not required for this trip however we can offer the following opportunities to parents or guardians who might want to accompany their child on this trip:

### **Group rate at the Whistler Athlete Centre**

From \$60 for a single room to \$110 for a premium double. Please note this is dorm style accommodations with shared washrooms.

### **Group rate lift tickets**

\$285.60 for a 4 day adult ticket (40% savings)

### **Free Airport Transfer – *If there seats available.***

Athletes and coaches get priority.

Please contact Bert if you would like to join us.

## REGISTRATION / FOR MORE INFORMATION

Please let Bert know ASAP if you will be participating in this camp.

### **Robert Faulds**

[bert@snowboardyukon.com](mailto:bert@snowboardyukon.com)

(867) 334-3608

---

### **Pay fee and lift tickets online here:**

[https://snowboardyukon.goalline.ca/register.php?reg\\_form\\_id=11875](https://snowboardyukon.goalline.ca/register.php?reg_form_id=11875)

*You can also pay by cash or cheque.*