

2018 Arctic Winter Games Selection Criteria

Officiated by Snowboard Yukon

1.0 - Eligibility

- Must be a Canadian citizen, a permanent resident of Canada, or individuals whose families are in Canada on work visas. Athletes must be born in **2002 or later** and must be at least nine years of age as of the opening day of the Games (February 18, 2018).
- Must be a continuous resident of Yukon for six (6) consecutive months prior to the opening day of the Games. (September 18, 2017).

Note:

- *Students attending an institution outside of the Yukon must also comply with all eligibility requirements prior to the start of the school year, and must maintain their principle residence in Yukon.*
- *Athletes must not have been a member of a national team in the sport in which she/he is competing, nor competed in, nor have been selected for an international competition as a representative of her/his country in the sport within one year of the opening date of the Games.*
- *If an AWG participant violates any of the policies or guidelines set forth by Snowboard Yukon, Canada~Snowboard or Sport Yukon, they are considered to be no longer a member in good standing and can be subject to removal from the AWG process.*

2.0 - Membership

ADVANCED COMPETITOR MEMBERSHIP

Athletes must have a current Advanced Competitor Membership. The membership must be purchased online at: <http://snowboardyukon.goalline.ca/event-search.php?cat=140>

Athletes and coaching staff (coaches, chaperones and managers) must be members in good standing with the Snowboard Yukon (SY) at the time of application for selection, and until the completion of the Games. A member in good standing with the Snowboard Yukon requires individuals to be registered and paid for the season in which AWG falls, not have any disciplinary sanctions against them or other justified reason why membership may be denied or withdrawn.

The fee is \$30.

3.0 - AWG Team Selection Process

The AWG Snowboard Final Roster will be comprised of a maximum of eight (8) team members consisting of the following breakdown:

- **2 Junior Males: Born in 2002 or later** (*turning 16 years in 2018 or younger*)
- **2 Junior Females: Born in 2002 or later** (*turning 16 years in 2018 or younger*)
- **2 Juvenile Males: Born in 2004 or later** (*turning 14 years in 2018 or younger*)
- **2 Juvenile Females: Born in 2004 or later** (*turning 14 years in 2018 or younger*)

STEP 1 – AWG SNOWBOARD TRIALS

AWG Snowboard Trials – Sunday, January 7, 2018
at Mt. Sima in Whitehorse (*Weather Day: Sunday, January 14, 2018*)

Athletes must participate in ALL EVENTS (race and freestyle) at the AWG Trials.

Exceptions to this rule will be permitted only upon review and approval by the Games Committee. Exemptions may be granted for the following reasons: injury, illness, Yukon school program commitments and special family circumstance. In order for exemption to be considered, an application for exemption must be submitted to the Sport and Recreation Branch or Sport Yukon 48 hours prior to the start of the specific sport trial. Where there are special situations making attendance impossible, which could not have been anticipated, these will be considered individually by the Games Committee.

For more information on all sports/territory-wide AWG Team Yukon requirements please visit: sportyukon.com or call (867) 668-4236.

AWG Training Squad Announced – January 8, 2018
Invitations will be based on results and/or any kind of outstanding performance at the Trials.

STEP 2 – AWG TRAINING SQUAD

Once named to the AWG Training Squad, riders will be required to participate in **all scheduled dryland and on-snow training sessions** for the duration of the Training Squad phase. (See section 4.0 Training Commitments).

The Training Squad Phase – January 8 – 28, 2018.

During the Training Squad Phase athletes will work with Snowboard Yukon coaches and dryland training specialists. Throughout this phase coaches will monitor each rider's snowboard skills, athletic ability, attitude, and performance in competition simulation scenarios and work with each athlete to improve their capabilities in these areas.

January 28, 2018 – Selection Camp

At the conclusion of the camp the coaches will complete an AWG Rider Evaluation Form (Appendix B) for each member of the Squad and provide the results to the Selection Committee.

Principles outlined in the Canada~Snowboard Long Term Athlete Development model will guide the coaches in the completion of the AWG Rider Evaluation Form. Please visit <https://www.canadasnowboard.ca/en/about/snowboarding/ltad/> for more information on Long Term Athlete Development.

STEP 3 – AWG TEAM FINAL SELECTION

A Selection Committee appointed by the Snowboard Yukon Board of Directors will review the AWG Rider Evaluation Forms and select the final team roster. The AWG Coaches will be non-voting members of the Selection Committee.

By January 29, 2018 – Final Roster Announced

The Selection Committee is required to retain copies of the athlete Evaluation Forms for at least ten (10) days following the last day of the Training Squad Phase. An athlete may request to see their Evaluation Form within the ten (10) day timeline.

Appeals Regarding Final Athlete Selection

Any athlete will be able to file an appeal with Snowboard Yukon within 7 days of the announcement of the AWG team(s). This can be done in writing to the President of Snowboard Yukon, Dave Yule at president@snowboardyukon.com.

A separate committee will be formed to review the appeal and make a decision if needed. Sport Yukon will also be fully advised of any appeal.

STEP 4 – HEADING INTO THE GAMES

Selected AWG Team Members will be expected to continue to participate in all scheduled dryland and on-snow training sessions as outlined in section 4.0 Training Commitments until the end of the Games.

It is recommended that team members must participate in one outside camp prior to the Games. See the snowboardyukon.com for outside camp details.

All team members must show proper respect for Coaching staff, other team members, and the community at all times. Team members are expected to follow the training plan set out by the Coaches. Any team member not willing to cooperate and follow the Sport Yukon Code of Ethics and Proper Conduct, or follow the training plan set out by the Coaches may be asked to leave the program at any time.

We will be abiding by the Canada~Snowboard Code of Conduct, the Canada~Snowboard Anti-Doping Policy and the Snowboard Yukon Discipline Policy in addition to Sport Yukon Regulations. snowboardyukon.com/documents/

If athletes named to the AWG Snowboard Team fail to continue to meet their Training Commitments, are injured, or remove themselves from the Team, the Selection Committee may approach athletes who participated in the AWG Selection Process—with preference going to athletes named to the Training Squad—to fill the vacant spot.

4.0 - Training Commitments

Beginning in the AWG Training Squad phase through to the conclusion of the Games, selected athletes will be expected to meet the following Training Commitments.

However, Snowboard Yukon honours athletes individual situations and is weary of over-training. Team members are encouraged to customize training plans in conjunction with the coaches if the following plan poses personal barriers, geographical limitations, or is in conflict with the current athletic pursuits.

Riders named to the AWG Training Squad will be required to sign a Letter of Commitment, (Appendix C) indicating that they understand the level of commitment required to be considered for the AWG Team and represent Yukon at the 2018 AWG.

Failure to meet training commitments, or extensive unexplained absences from training will result in the athlete being removed from the team.

Please see the next page for the Training Plan.

AWG Training Squad and Final Roster Training Plan

CORE ON-SNOW TRAINING

When: Saturdays, January 6, 2018 – March 10, 2018

Time: 10:00 pm – 3:00 pm

Where: Mt. Sima

Cost: \$340 (does not include lift pass)

TRICK DEV TRAMPOLINE

When: Mondays, January 8, 2018 – March 12, 2018

Time: 7:00 pm – 9:00 pm

Where: Polarettes Gymnastic Club

Cost: \$160

STRENGTH AND CONDITIONING

When: Tuesday, January 9 – March 13, 2018

Time: 6:30 pm – 7:30 pm (TBC)

Where: Better Bodies (TBC)

Cost: \$150

YOGA

When: January – March, 2018

Time: TBD

Where: TBD

Cost: \$100

Please note: Pro-rated program fees will be returned to Training Squad Members not selected to the Final Roster if they do not wish to continue training with Snowboard Yukon for the remainder of the season.

5.0 – Supporting Yukon Snowboarders

Snowboard Yukon values the positive benefits of participating in the sport of snowboarding and as such endeavours to provide aspiring team members with opportunities and tools to get the most out of the entire AWG experience—Trials through final Team Roster. As such, riders are encouraged to engage in the training programs offered on www.snowboardyukon.com.

*****New this year, aspiring AWG snowboarders can also attend a pre-season training camp at Mt. Sima prior to the Trials. Check www.snowboardyukon.com for details.**

Pre-AWG Camp at Mt. Sima

When: December 9 – 10, 2017

Training Days: 2

Cost: TBD

Links to funding programs are also available at www.snowboardyukon.com/funding-assistance. Snowboarders are also encouraged to sign up for the newsletter by clicking the button below the Upcoming Events box on the Snowboard Yukon website.

If you are a snowboarder living outside of the Whitehorse area, you are new to the process, or you simply have questions, we encourage you to contact Snowboard Yukon's Technical Director, Mary Binsted (contact info below) to discuss your unique situation and opportunities.

6.0 – Further Information & Contact

Mary Binsted, Technical Director

mary@snowboardyukon.com

(867) 334-2944

For questions regarding AWG Trials exemption and general Team Yukon eligibility.

Trevor Twardochleb, Yukon Government, Sport & Recreation Branch

trevor.twardochleb@gov.yk.ca

For questions regarding AWG Final Team appeals.

David Yule, President, Snowboard Yukon

president@snowboardyukon.com

2018 AWG TRIALS / SELECTION CAMP EXEMPTION FORM

(to be supplied by Sport Yukon — stay tuned!)

Appendix B - AWG Rider Evaluation Form

EVALUATION CRITERIA	Learning	Developing	Consolidating	Perfecting	Notes
Snowboard Skills					
Balance & Coordination					
Edging & Pressure					
Air Awareness					
Speed & Control in Varied Terrain					
Athletic Ability					
Flexibility & Agility					
Strength					
Core Stability					
Endurance					
Attitude					
Behaviour					
Determination					
Coachability					
Goal Oriented					
Competition Performance					
Speed					
Freestyle					

YES Rider satisfactorily met training commitments as outlined in their Letter of Commitment.
 NO

AWG Training Squad Letter of Commitment

Between: _____ (athlete)

-and-

Snowboard Yukon

Congratulations on your achievement of being named to the AWG Training Squad. In order to support your development in snowboarding and ensure a fair Selection Process you are being asked to meet the following standards and carry out the Training Plan indicated below. Failure to comply with these commitments, can result in expulsion from the AWG Training Squad and ineligibility to be named to the AWG Team final roster.

I AGREE TO:

- Abide by the *Canada~Snowboard Code of Conduct* and the *Anti-Doping Policy* (<http://snowboardyukon.com/sy-documents/>)
- Attend all training sessions and competitions from start to finish.
- Be an excellent ambassador for our sport.
- Respect fellow squad members and endeavor to act as a suitable role model for younger members of the squad.
- Respect the coaches and session leaders.
- Attend no less than 80% of team training sessions.
- Do my best to improve my performance by carrying out my Training Plan whether it be supervised or unsupervised.

Training Plan:

ON-SNOW	<i>Satisfactorily Achieved</i> Yes <input type="checkbox"/> No <input type="checkbox"/>
Core On-Snow Training at Mt. Sima When: Saturdays, January 6 – 27, 2018 (weather permitting) Time: 10:00 AM to 3:00 PM	

TRICK DEV TRAMPOLINE	<i>Satisfactorily Achieved</i> Yes <input type="checkbox"/> No <input type="checkbox"/>
Weekly Coached Training at Polarettes Gym in Whitehorse When: Mondays, January 8 – 25, 2018 Time: 7:00 PM to 9:00 PM	Alternative Plan _____ _____ <i>How will you prove you are following the plan?</i> _____ _____

STRENGTH & CONDITIONING	<i>Satisfactorily Achieved</i> Yes <input type="checkbox"/> No <input type="checkbox"/>
Weekly Coached Training at Better Bodies Gym in Whitehorse When: Tuesdays, January 9 – 23, 2018 Time: 6:30 PM to 7:30 PM (TBC)	Alternative Plan _____ _____ <i>How will you prove you are following the plan?</i> _____ _____

YOGA	<i>Satisfactorily Achieved</i> Yes <input type="checkbox"/> No <input type="checkbox"/>
Weekly Coached Training at TBD When: TBD Time: TBD	Alternative Plan _____ _____ <i>How will you prove you are following the plan?</i> _____ _____

I agree to the standards and process in this agreement.

My Name

Date

Coach Representative

Parent