

## 2024 Arctic Winter Games Snowboard Selection Criteria

*Officiated by Snowboard Yukon*

### 1.0 - Eligibility

- Athletes must be born in 2008 or later and must be at least twelve (12) years of age as of December 31, 2023.
- Must be a continuous resident of Yukon for six (6) consecutive months prior to the opening day of the Games. The effective date is September 10, 2023.
- Must have a valid passport in order to travel to Alaska, USA. Passport must be valid for six months beyond the games dates.

#### **Note:**

- *Students attending an institution outside of the Yukon must also comply with all eligibility requirements prior to the start of the school year, and must maintain their principal residence in Yukon.*
- *Up to three athletes who are outside the territory training/competing in snowboarding, can be named to the team without participating in the Trials.*
- *Athletes must not have been a member of a national team in the sport in which they are competing, nor competed in, nor have been selected for an international competition as a representative of their country in the sport within one year of the opening date of the Games.*
- *If an AWG participant violates any of the policies or guidelines set forth by Snowboard Yukon, Canada Snowboard or Sport Yukon, they are considered to be no longer a member in good standing and can be subject to removal from the AWG process.*

## 2.0 - AWG Team Selection Process

The AWG Snowboard Final Roster will be comprised of a maximum of eight (8) team members consisting of the following breakdown:

- **Males 13 years of age and under as of December 31, 2023**  
Year of birth: 2010 or later (U14) - 2 Athletes
- **Females 13 years of age and under as of December 31, 2023**  
Year of birth: 2010 or later (U14) - 2 Athletes
- **Males 15 years of age or under as of December 31, 2023**  
Year of birth: 2008 or later (U16) - 2 Athletes
- **Females 15 years of age or under as of December 31, 2023**  
Year of birth: 2008 or later (U16) - 2 Athletes

## Step 1 – AWG Snowboard Trials

**Snowboard Trials – Sunday, January 14, 2024**  
at Mt. Sima in Whitehorse

In addition to being evaluated on competition results, coaches will be observing the participants throughout the trials and completing an Athlete Report for each athlete. A copy of the report can be found in the Appendix.

Principles outlined in the Canada Snowboard Long Term Athlete Development (LTAD) model will guide the coaches in the completion of the AWG Rider Evaluation Form. Please visit [www.canadasnowboard.ca/en/about/snowboarding/ltad/](http://www.canadasnowboard.ca/en/about/snowboarding/ltad/) for more information on Long Term Athlete Development.

**Athletes must participate in ALL EVENTS (speed and style) at the AWG Trials.**

*Athlete attendance at trials is mandatory. Exemptions may be granted for the following reasons: injury; significant illness that can be documented with a physician's*



*note; Yukon school program commitments; and special family circumstances (i.e., death in family, same sport competition/opportunity).*

*Exceptions to this rule will be permitted only upon review and approval by the Games Committee. In order for an exemption to be considered, the attached request form must be submitted to the Chef de Mission either in person at 4061 - 4th Avenue or by email to [trevor.twardochleb@yukon.ca](mailto:trevor.twardochleb@yukon.ca) forty eight (48) hours prior to the start of the specific trial along with supporting documentation.*

**Snowboard Trials participants must have a current Canada Snowboard Membership.** Memberships must be purchased online at: [www.snowreg.com](http://www.snowreg.com)

## **Step 2 – AWG Team Selection**

A Selection Committee appointed by the Snowboard Yukon Board of Directors will review the Athlete Reports and select the final team roster. The AWG Coaches will be non-voting members of the Selection Committee.

**Team Announced – Thursday, January 18, 2024**  
Via email to participants.

## **Appeals Regarding Final Athlete Selection**

*An athlete may request to see their Evaluation Form. Any athlete will be able to file an appeal with Snowboard Yukon within 24 hours of the announcement of the AWG team(s). This can be done in writing to the Technical Director of Snowboard Yukon, Mary Binsted at [mary@snowboardyukon.com](mailto:mary@snowboardyukon.com). A separate Appeals Committee will be formed to review the appeal and make a decision. Team Yukon will also be fully advised of any appeal. The results will be decided within 48 hours of receipt of submission.*

## Step 3 – AWG Team Training

Once named to the AWG Team, riders will be required to participate in **all scheduled dryland and on-snow training sessions** up to the games. (See section 4.0 Training Commitments).

During training for the games, athletes will work with Snowboard Yukon coaches and dryland training specialists. Throughout this time, coaches will monitor each rider's snowboard skills, athletic ability, attitude, and performance in competition simulation scenarios and work with each athlete to improve their capabilities in these areas.

**Riders named to the AWG Team will be required to sign a Letter of Commitment, (see Appendix) indicating they understand the level of commitment required to be a part of the AWG Team and represent Yukon at the 2024 AWG.**



### **3.0 - Membership & Behaviour**

Athletes and coaching staff (coaches, chaperones and managers) must be members in good standing with Snowboard Yukon until the completion of the games. A member in good standing with Snowboard Yukon requires individuals to be registered and paid for the season in which AWG falls, not have any disciplinary sanctions against them, or any other justified reason why membership would be denied or withdrawn.

All team members must show proper respect for coaching staff, other team members, and the community at all times. Team members are expected to follow the training plan set out by the coaches. Any team members not willing to cooperate and follow the Sport Yukon Code of Ethics and Proper Conduct, or follow the training plan set out by the Coaches may be asked to leave the program at any time.

We will be abiding by the Canada Snowboard Code of Conduct, the Canada Snowboard Anti-Doping Policy and the Snowboard Yukon Discipline Policy in addition to Sport Yukon Regulations. [snowboardyukon.com/sy-documents](https://snowboardyukon.com/sy-documents)

If athletes named to the AWG Snowboard Team fail to continue to meet their training commitments, are injured, or remove themselves from the Team, the Selection Committee may approach other athletes who participated in the AWG Trials to fill the vacant spot.

## 4.0 - Training Commitments

Once named to the team and through to the conclusion of the games, athletes will be expected to meet the following training commitments.

### AWG Team Training Plan

#### Strength & Conditioning + Yoga

Wednesdays, 3:30 – 5:30 pm, Northern Strength Academy

#### On-snow Training at Mt. Sima

Sundays, 12:00 pm – 3:00 pm

*Additional training sessions may be scheduled if needed.*

**Cost: TBA**

See [snowboardyukon.com/programs](https://snowboardyukon.com/programs) for program details and registration info.

### Out-of-Territory Competition / Training Camp

AWG Team Athletes must attend one out-of-territory training camp and/or competition prior to the games. Opportunities include:

**Whistler Pre-season Camp** (BC, Dec 15-19 or 19-23, 2023)

**January Comp** (AB, Jan 26-28, 2024)

**February Comp** (BC, Feb 2-4, 2024)

**Failure to meet training commitments or extensive unexplained absences from training will result in the athlete being removed from the team.**

***Note: Snowboard Yukon respects athletes' individual situations and is wary of over-training. Team members are encouraged to customise training plans in conjunction with the coaches if the training plan and requirement to travel poses personal barriers, geographical limitations, or is in conflict with the current athletic pursuits.***

## 5.0 – Supporting Yukon Snowboarders

Snowboard Yukon values the positive benefits of participating in the sport of snowboarding and as such endeavours to provide aspiring team members with opportunities and tools to get the most out of the entire AWG experience – Trials through to the Games. As such, riders are encouraged to engage in the training programs offered at [snowboardyukon.com/programs](https://snowboardyukon.com/programs).

### Pre-AWG Camp at Mt. Sima

**In order to reduce barriers to participation in the AWG Selection Process, Snowboard Yukon is presenting a training camp prior to the trials. Any AWG eligible athlete may participate. Check [snowboardyukon.com](https://snowboardyukon.com) for details heading into the camp.**

When: January 6 & 7, 2024

Training Days: 2

Where: Mt. Sima

Cost: TBD

***Required Skill Level: Participants should be comfortable riding the snowboardcross track with speed and safely navigating the freestyle features in the Pokey Park at Mt. Sima.***

**Training Funding Assistance** info available at [snowboardyukon.com/funding-assistance](https://snowboardyukon.com/funding-assistance).

If you are a snowboarder living outside of the Whitehorse area, you are new to the process, or you simply have questions, we encourage you to contact the Head Coach, Esa Suominen (contact info next page) to discuss your unique situation and opportunities.



## 6.0 – Further Information & Contact

**Esa Suominen**, Head Coach, Snowboard Yukon

[esa@snowboardyukon.com](mailto:esa@snowboardyukon.com)

(867) 335-6632

For questions regarding AWG Trials exemption and general Team Yukon eligibility.

**Trevor Twardochleb**, Chef de Mission

[trevor.twardochleb@yukon.ca](mailto:trevor.twardochleb@yukon.ca)

(867) 667-5606

For questions regarding AWG Final Team appeals.

**Mary Binsted**, Technical Director, Snowboard Yukon

[mary@snowboardyukon.com](mailto:mary@snowboardyukon.com)

(867) 334-2944

Snowboarders are also encouraged to sign up for the newsletter by clicking the button below the Upcoming Events box at [snowboardyukon.com](http://snowboardyukon.com).



## AWG Letter of Commitment

Between: \_\_\_\_\_ (athlete)

-and-

### Snowboard Yukon

Congratulations on your achievement of being named to the AWG Training Squad. In order to support your development in snowboarding and ensure a fair selection process you are being asked to meet the following standards and carry out the Training Plan indicated below.

Failure to comply with these commitments, can result in expulsion from the AWG Training Squad and ineligibility to be named to the AWG Team final roster.

### I AGREE TO:

- Abide by the *Canada~Snowboard Code of Conduct* and the *Anti-Doping Policy* ([snowboardyukon.com/sy-documents](http://snowboardyukon.com/sy-documents))
- Attend all training sessions and competitions from start to finish.
- Be an excellent ambassador for our sport.
- Respect fellow team members and endeavour to act as a suitable role model for younger members of the squad.
- Respect the coaches and session leaders.
- No unexcused absences (must notify coach).
- Do my best to improve my performance by carrying out my Training Plan whether it be supervised or unsupervised.

## Sample Training Plan:

ON-SNOW	Satisfactorily Achieved Yes No
<p><b>Training at Mt. Sima</b>            When: Sundays            January 18 - February 25, 2024            (weather permitting)            Time: 12:00 - 3:00 PM</p>	<p><b>Alternative Plan</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p><i>How will you prove you are following the plan?</i></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

STRENGTH & CONDITIONING	Satisfactorily Achieved Yes No
<p><b>Weekly Coached Training with Northern Strength Academy in Whitehorse</b>            When: Wednesdays            January 24 - February 28, 2024            Time: 3:30 - 4:30 PM</p>	<p><b>Alternative Plan</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p><i>How will you prove you are following the plan?</i></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

YOGA	Satisfactorily Achieved Yes No
<p><b>Weekly Coached Training with Michelle Eshpeter in Whitehorse</b>            When: Wednesdays            January 24 - February 28, 2024            Time: 4:45 - 5:30 PM</p>	<p><b>Alternative Plan</b></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p><i>How will you prove you are following the plan?</i></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>



**I agree to the standards and process in this agreement.**

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**My Name**

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**Coach Representative**

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**Parent**

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**Date**